



FOOD, INFORMATION AND REFERRAL RESOURCES IN SAN MATEO COUNTY

Santa Clara County
750 Curtner Avenue
San José, CA 95125-2118
408.266.8866 ph
408.266.9042 fax

San Mateo County
1051 Bing Street
San Carlos, CA 94070-5320
650.610.0800 ph
650.610.0808 fax

GENERAL FOOD SERVICES

SECOND HARVEST FOOD BANK: 800-984-3663

Referrals to pantries and services for families and seniors.

ST. VINCENT DE PAUL: 343-4403

Home delivery of food from 25 locations.

CORE SERVICE CENTERS:

Nonprofit agencies that provide food, PG&E and rental assistance.

Coastside 650-726-9071

Daly City 650-991-8007

East Palo Alto 650-323-7781

Pacifica 650-738-7470

Redwood City 650-780-7500

San Mateo 650-347-3648

South San Francisco 650-588-8822

HIV/AIDS SUPPORT:

Case management, nutritional supplements, and food boxes provided to people living with HIV/AIDS.

AIDS Community Research Consortium 650-364-6563 ELLIPSE: 650-572-9702

INFANTS/CHILDREN

FAMILY HARVEST: 800-984-3663

Provides monthly food distribution for families with children.

W.I.C. (WOMEN INFANTS AND CHILDREN): 650-573-2168

Provides pregnant women, new mothers, infants, and young children with food vouchers. In addition, WIC provides nutrition counseling and referrals to health care.

SENIORS / SHUT-IN RESOURCES

MEALS ON WHEELS: 800-994-6166 (TDD)

Provides meals to individuals age 18 and older living at home. Eligibility is based on inability to prepare meals, to go out to eat, or to obtain adequate meals.

San Mateo: 650-726-9056

Pacifica: 650-738-7350

Belmont: 650-295-2173

San Carlos & East Palo Alto: 650-323-2022

OPERATION BROWN BAG: 800-984-3663

Provides a weekly supplemental bag of groceries to seniors at various sites throughout San Mateo County.

SENIOR NUTRITION: 800-675-8437 (Voice)

800-994-6166 (TDD)

SECOND HARVEST FOOD BANK OF SANTA CLARA AND SAN MATEO COUNTIES

Need Food? (800) 984-3663 | Want to Donate? (866) 234-3663

www.SHFB.org

Providing food for people in need in our community.

GENERAL INFORMATION AND REFERRAL

UNITED WAY HELP LINE:

800-273-6222
415-772-4440 (TDD)

SAMTRANS:

800-660-4287
650-508-6448 (TDD)
Ready-Wheels: 800-660-4287

SENIOR INFO. & REFERRAL:

800-675-8437
711 (CAL RELAY SERVICE)

HOT MEALS*

BREAD OF LIFE

1852 Bay Road
East Palo Alto, CA 94303
650-326-9796
Saturday
12:00 -1:00 p.m.

CAFÉ ST. VINCENT

344 Grand Avenue
South San Francisco, CA 94080
650-589-9039
Monday – Friday
10:00 – 12 p.m.
Saturdays
10:00 -11:00 a.m.

CATHOLIC WORKER HOUSE

St. Bruno's Catholic Church
555 W. San Bruno Avenue
650-827-0706
San Bruno, CA 94066
Tuesday – Friday
7:00 – 9:00 a.m.

URBAN MINISTRY OF PALO ALTO

P.O. Box 702
Palo Alto, CA 94301
408-390-5396

Sun.: 2:30 – 3:30 p.m.

Holy Trinity Church
330 Ravenswood Ave.
Menlo Park, CA 94025

Mon.: 5:00 – 6:00 p.m.

First United Methodist Church
625 Hamilton Ave.
Palo Alto, CA 94301

Tues.: 5:00 – 6:00 p.m.

Grace Lutheran Church
3149 Waverly St. (at Loma Verde)
Palo Alto, CA 94306

Wed.: 5:00 – 6:00 p.m.

First Presbyterian Church
1140 Cowper Street (Cowper & Lincoln)
Palo Alto, CA 94301

Thurs. and Fri.: 11:30 – 12:30 p.m.

All Saints Church
555 Hamilton Ave (at Waverley)
Palo Alto, CA 94301

Sat.: 11:30 a.m. – 12:30 p.m.

Covenant Presbyterian Church
670 E. Meadow Rd.
Palo Alto, CA 94303

NORTH PENINSULA DINING CENTER

31 Bepler St.
Daly City, CA 94014
650-994-5150
Monday, Tuesday, Thursday
5:00 – 6:00 p.m.
Closed on Thanksgiving

SALVATION ARMY HOMELESS PROGRAM

409 S. Spruce Avenue
South San Francisco, CA 94080
650-266-4591
Saturdays
10:30 a.m. – 12:00 p.m.

SAMARITAN HOUSE FAMILY KITCHEN

4031 Pacific Blvd.
San Mateo, CA 94403
650-347-3648
Saturdays – Sundays
12:00 – 1:00 p.m.

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Westside Church of Christ
603 Monte Diablo
San Mateo, CA 94401
Monday – Friday
5:00 – 6:00 p.m.

ST. ANTHONY'S PADUA DINING ROOM
3500 Middlefield Road
Menlo Park, CA 94025
650-365-9664
Monday – Saturday
11:00 a.m. – 1:00 p.m.

SR. COAST – NO STRINGS BREAKFAST

535 Kelly Street
Half Moon Bay, CA 94019
650-726-9056
Saturdays
8:30 – 10:00 a.m.

SVDP SAN MATEO AREA CONFERENCE

50 N. B Street
San Mateo, CA 94401
650-343-4403
Monday – Friday
10:00 a.m. – 12:00 p.m.
(bag lunches for the homeless)

EMERGENCY / CRISIS INTERVENTION*

Alcohol and Drug Helpline: 650-573-3950
24-hour information and referral

Child Abuse Line: 888-220-7575
24-hour support for parents

Poison Control Center: 800-876-4766

Crisis Intervention & Suicide Prevention Center :

All Areas	650-579-0350
Belmont, Coastside through Palo Alto	650-368-6655

*Information provided by Peninsula Library System, Community Information Program.

Updated: 7/20/10

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